

Leafy's Famous Fillings

Served on Sourdough Sub, Sourdough Toast or Gluten Free Corn Chips

'VEGG' MAYO • 13.5

Silken tofu blended with creamy mayonnaise, chives, and a few secret ingredients to give it that unmistakable "eggy" flavour. Topped with rocket leaves & pink pickled onions.

'CHUNA' MAYONNAISE • 13.5

Smashed chickpea filling blended with lemon juice dill & nori. Topped with cucumber, pink pickled onions & capers.

CORONATION CHICKPEA • 13.5

Our twist on a UK classic. A mayonnaise & chickpea blend of curry spices, mango chutney, and sultanas with coriander & toasted almonds.

GREEN PEA SMASH • 13.5

Green peas blended with mint whipped cashew feta & lemon juice. Served with rocket, Georgie's beetroot chutney, an extra crumble of cashew feta & black pepper.



Add-Ons

SOURDOUGH TOAST • 2

CORN CHIPS - GF • 2

VEGG MAYO - GF • 8/100g

CHUNA MAYONNAISE - GF • 8/100g

CORONATION CHICKPEA - GF • 8/100g

BAKED BEANS - GF • 8/100g

GREEN PEA SMASH - GF • 8/100g

GEORGIE'S CHUTNEY - GF • 2

CASHEW FETA CRUMBLE - GF • 4

NOURISH BOWL SIDE - GF • 8/120g

Bowls

THE LEAFY LADLE • 10 bowl • 6.5 cup *Check the board for today's flavour!

Our weekly changing nutrient dense soup made with vegetables & legumes, gently spiced or herbed & blended to a smooth ladle of goodness. A satisfying, filling meal in a bowl. *GF*

THE HEARTY LADLE • 12 bowl • 7.5 cup *Check the board for today's flavour!

Much like the leafy ladle this is a meal of pure goodness but a chunky bowl made with even more vegetables & legumes to be more filling & packed with nutrients. *GF*

THE LEAFY NOURISH BOWL • 14 *Check the board for today's flavour!

Our seasonal salad bowl made with leafy greens, legumes, nuts and seeds, vibrant vegetables and fresh herbs, finished with a house-made dressing. Always protein-packed, nutrient-dense and deeply satisfying, with at least 80g of vegetables in every bowl. *Naturally GF*

BESAN VEGGIE BAKE • 14 *Check the board for today's flavour!

More than 150 grams of roasted vegetables, baked in a "besan" (chickpea) flour & soy milk batter. Served with dressed leaves and Georgie's chutney. At least 17 grams of plant protein per slice. *GF*

MAPLE CARAMELISED ONION BAKED BEANS • 14

Warm, smoky beans slowly cooked with maple & balsamic vinegar caramelised onions, finished with fresh coriander and creamy cashew feta. Served with sourdough toast for a comforting, protein-packed meal. **Gluten/Nut-Free Option*